



2019 SPONDYLOARTHRITIS PATIENT FORUM

LOEWS Hotel Vogue, Paris I & II

1425 rue de la Montagne, Montreal, Quebec H3G 1Z3 Saturday – October 26, 2019; 8:00 AM – 12:30 PM

PROGRAM

8:00 - 8:30	REGISTRATION AND REFRESHMENTS
8:30 –9:10	Dr. MICHEL ZUMMER, Rheumatologist, CH Maisonneuve-Rosemont; SPARCC Collaborator/Host ↓ Welcoming Remarks - Introductions; Overview of the Patient Forum ↓ Diagnosis and Classification of Spondyloarthriis (SpA) focusing on 2 subsets; Ankylosing Spondylitis (AS) and Psoriatic Arthritis (PsA) ↓ Significance of Early Detection ↓ Recent Advances in Patient Treatment Recommendations
9:10 – 9:40	Ms. SOPHIE DESROCHERS, Occupational Therapist and Proprietor, Centre Professionnel d'ergothérapie Montréal When Daily Life Becomes a Huge Challenge The Art of Pain Management in Everyday Life
9:40 – 10:10	Ms. LAURA PASSALENT, Physiotherapist, Spondylitis Clinic, UHN − Toronto Western Hospital Exercise is Medicine for Ankylosing Spondylitis (AS)
10:10 – 10:30	STRETCHING EXERCISES > SOPHIE DESROCHERS & LAURA PASSALENT REFRESHMENTS
10:30 – 11:00	Dr. GAËLLE CHÉDEVILLE, Pediatric Rheumatologist, The Montreal Children's Hospital ♣ The Challenge of SpA in Children ♣ What's New in Juvenile SpA?
11:00 – 11:30	Mr. GRAEME REED, Co-Chair/Vice President of the Board – Canadian Spondylitis Association (CSA) Welcoming remarks Overview of the CSA; Patient Advocacy Living with AS and Crohn's Disease
11:30 – 12:30	ASK THE EXPERTS AND CREATE AWARENESS (Question and Answer Session) Panel of Experts/Speakers: Dr. Michel Zummer, Dr. Gaëlle Chédeville, Sophie Desrochers, Laura Passalent. Graeme Reed
12:30	Dr. MICHEL ZUMMER, SPARCC Collaborator and Host ♣ Brief wrap up/closing remarks